



MEDIA ADVISORY

August 6, 2015

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**Ashley Sauls to Participate in *Moments in HerStory* Project
Join the online event August 7 to win a copy of Sauls' *Morning Motivation***

AUSTIN, TX – *Moments in HerStory: Testimonies of Young Girls, From Pain to Purpose* is the second book project released by the National Association of Mothers and Daughters United Worldwide (NAMADUW). Ashley Sauls, author of [Morning Motivation](#), is participating as a sponsor for their online event held all day on Friday, August 7, 2015. Online participants will have the opportunity to win a copy of Sauls' *Morning Motivation*.

"I decided to sponsor NAMADUW's new book project, *Moments in HerStory*, because of the profound truth found in the testimonies of young women who overcame life's pitfalls through their faith focus on God," stated Ashley Sauls. Proceeds from *Moments in HerStory* will help provide education scholarships for young women through the [Wise and Solace Foundation](#) in Ghana, Africa.

"Ashley Sauls has been instrumental in the entire book creation process; serving as a support system, mentor, and true inspiration as a woman of God. I have been blessed by her ministry as she encourages and empowers many to be bold and live a life without compromise," stated Lakita Stewart-Thompson. An advocate for fostering healthy mother-daughter relationships and serving women, children, and families in need, Lakita Stewart-Thompson founded the [National Association of Mothers and Daughters United Worldwide](#) in 2009 to provide a safe-haven for women experiencing life-altering circumstances.

Event Details:

Friday, August 7, 2015: [Online Book Release and Virtual Party](#)

Saturday, August 8, 2015: Book Release and Signing Party

[About Ashley Sauls:](#)

Ashley Sauls, the empowering professional speaker and author of [Morning Motivation](#), inspires her audience to embrace successful living through God's guidance. Ashley crafted *Morning Motivation* to help readers adjust their thoughts and fully reap the benefits in their everyday life. Raised in a Christian home and inspired by her parents' pro-active involvement in their community, Ashley learned at an early age to engage her "inner teacher." Today, Ashley uses her professional experience and certification as a Family Self-Sufficiency Coordinator to help families' transition and recover from life's challenges. A graduate of the University of Mary Hardin- Baylor, Ashley received her Bachelor of Science in Biology. Married to her college sweetheart, Ashley is the proud wife of Marshall Sauls whose example of love and encouragement allow her to embrace this calling with enthusiasm and vigor.

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