



**FOR IMMEDIATE RELEASE**

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**New Devotional Encourages Readers to Move In Sync With God's Timing**  
***Morning Motivation: 31 Daily Devotions For Everyday Life***

*"It is one thing to share with others what you do in difficult circumstances, but it is another to walk out the advice you've given."*

*– Ashley Sauls, author of Morning Motivation*

AUSTIN, TX – Ashley Sauls needed encouragement. Known in her community as a believer, a wife, a sister, a daughter, a friend and a Christian, Ashley found inspiration for herself when providing inspiration for others. And so the journey of [\*Morning Motivation\*](#) began. Switching careers from the medical field to social work, Ashley felt called to help empower families' recover from life's challenges. While investing in her client's success and balancing the many roles she is known for, Ashley found herself in transition as she faced her own personal challenge in dealing with miscarriages and the aftermath of loss.

Drawing on her deep Christian belief to empower her personal faith journey, Ashley openly shares what happens when you believe in God's promises. *Morning Motivation* offers readers 31 daily devotions for everyday living. Learning to move in sync with God's timing, Ashley facilitated her own personal breakthroughs to stand in a place of peace. She crafted this devotional so that readers can personalize their journey by developing their own personal prayers and confessions ever mindful that the promises God has given to you will come to pass.

*Morning Motivation* (on sale April 19, 2015) is Ashley's debut book in a series of Motivational Moments. Available online and in select stores, *Morning Motivation* is a 31-day devotional focused on eliminating negative self-talk by reminding readers of their value in Christ. Directly elevating and empowering readers, this devotional inspires embracing a healthy mindset with God's guidance. By empowering her readers, Ashley hopes to help them adjust their thoughts and fully reap the benefits in their everyday life.

"God has shown Himself faithful and strong in my walk with Him. I am grateful that He does not exhibit favoritism and desires for you to experience peace through His word," expressed [Ashley Sauls](#), author of *Morning Motivation*.

**Morning Motivation**

On sale: April 19, 2015

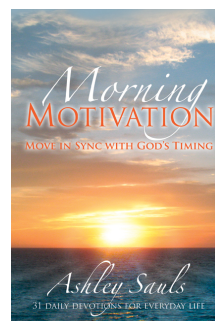
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Pages: 78

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[Purchase Here](#)





**About Ashley Sauls:**

Ashley Sauls, the empowering professional speaker and author of [Morning Motivation](#), inspires her audience to embrace successful living through God's guidance. Ashley crafted *Morning Motivation* to help readers adjust their thoughts and fully reap the benefits in their everyday life. Raised in a Christian home and inspired by her parents' pro-active involvement in their community, Ashley learned at an early age to engage her "inner teacher." Today, Ashley uses her professional experience and certification as a Family Self-Sufficiency Coordinator to help families' transition and recover from life's challenges. A graduate of the University of Mary Hardin- Baylor, Ashley received her Bachelor of Science in Biology. Married to her college sweetheart, Ashley is the proud wife of Marshall Sauls whose example of love and encouragement allow her to embrace this calling with enthusiasm and vigor.

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